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Dear Parents/Carers

We're excited to kick off another action-packed school year in PE and are looking forward to seeing even more students getting involved, trying something new, and enjoying being active!

Celebrating a Fantastic Academic year 2025/2026

We are incredibly proud of another successful year for Edgbarrow PE. Across the year, 466 students took part in our extensive programme of co-curricular clubs, with 259 students proudly representing the school in fixtures and tournaments. Our teams enjoyed some fantastic successes, including our Year 9 and Year 11 Girls' Football teams continuing their remarkable league-winning runs, our Senior Girls' Tennis team reaching the County Finals for the first time, and strong cup runs in rugby and cricket, including winning the U15 Boys Cricket Cup.

Our SEND students also enjoyed outstanding success, including winning the Panathlon competition, demonstrating fantastic opportunities and achievements available to all students through PE and Sport. We also celebrated the achievements of former Edgbarrow students who have progressed into elite sport, including football, rugby and netball. Alongside competitive sport, our Sports Ambassadors played an important role in supporting events and encouraging younger students to get involved. We are particularly proud of the breadth of opportunities available to students, and we look forward to building on this success this year with an even bigger and more inclusive programme of clubs, competitions, trips and sporting experiences.

Clubs This Half Term – Something for Everyone!

There really is something for everyone this half term, whether your child wants to develop their skills, compete, or simply have fun with friends. Our co-curricular programme is a great way to build confidence, stay active, and be part of a team.

Please take a look at the timetable below and encourage your child to come along. No need to sign up in advance for most clubs; just turn up and get involved!

DAY	After school Club
Monday	Girls Rugby (all years) Acestars Tennis (Year 7 & 8) Cobras Basketball (all years)
Tuesday	Badminton (all years) Fitness Suite (Year 10 – 13) Fitness for Sport (Year 7 – 9) LA Boxing (all years)

Wednesday	Netball (all years) Pickleball (all years) Washindi Trampolining (all years) Acestars Tennis (Year 9 & 10)
Thursday	Rugby (all years) Multi-sports - Volleyball, Handball, Dodgeball (all years) Fitness Suite (Year 10 – 13)

PE led clubs (clubs in bold above)

PE led Clubs are **free to attend**, do not need to be booked in advance and run from **3.30pm – 4.30pm**. Students simply turn up to the session and speak to the teacher in charge to be added to the register. Each time your child attends a club, they will receive an Edgpoint. This will allow us to monitor and track attendance while also recognising and celebrating students' participation in PE and sport.

Cancellation of PE led clubs

If clubs need to be cancelled due to staffing or weather, we will communicate as soon as possible via social media ([@edgbarrowPE](#) Instagram), Classchart Announcement and email where possible.

Exciting External Club Opportunities (clubs not in bold above)

We're also delighted to be working with external providers to offer even more opportunities for students to get active and try something different:

AceStars Tennis

Open to all abilities—no experience needed.

Students develop core skills through coached drills, technique work and fun, game-based play, progressing at their own pace.

Builds **agility, coordination and technique**, alongside **confidence, resilience and teamwork**.

Fast-paced, enjoyable sessions in a supportive environment where everyone plays and improves.

LA Boxing

Open to all students of any ability—no experience needed. Students will take part in fun, structured sessions including warm-ups, skipping, boxing skills (footwork, defence, punching), partner work, pad work, drills, circuits and cool downs.

The programme builds **confidence, self-esteem and respect**, with evidence showing positive impacts on behaviour.

Boxing is highly engaging and keeps students active while developing valuable life skills. Students can also work towards **GB National Boxing Awards**, which support progress and can contribute towards qualifications such as GCSE PE, BTEC and Duke of Edinburgh.

Students are assessed every 6 weeks, progressing from beginner to advanced award levels.

Washindi Trampolining

Open to beginners and experienced students. Fun, low-impact sessions led by qualified coaches, where students learn skills from basic jumps to advanced routines in a safe, supportive environment.

Builds **fitness, coordination, core strength and confidence**, while improving wellbeing and reducing stress.

Students can work towards **British Gymnastics Awards**, with opportunities to support GCSE PE and Duke of Edinburgh.

A great way to stay active, develop new skills and earn badges as they progress.

Cobras Basketball

Cobras Basketball is open to all students in years 7 – 11; experienced players as well as those new to the sport who fancy giving it a try.

Basketball is a fantastic team sport which requires fast paced action, constant communication and is a sport that can be played all year round regardless of the weather!

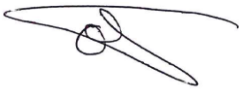
We will teach all the fundamental skills of the game as well as the rules of gameplay.

Spaces for these clubs can fill quickly, so we encourage early booking to avoid disappointment. All links can also be found on the school website: <https://www.edgbarrowschool.co.uk/Co-curricular/>

We'd love to see as many students as possible taking part this half term, whether it's trying something new or continuing with a favourite activity. Your encouragement at home really does make a difference.

If you have any questions, feel free to get in touch. Thank you for your continued support. We're looking forward to another fantastic term!

Yours faithfully



Mr O Johnson
Head of PE