



Edgbarrow School

Key Stage 3

Physical Education



Curriculum Intent

In PE we aim to develop the skills for ALL young people to become holistic learners whilst improving physical literacy and supporting physical, mental & social well-being as well as inspire a love of sport and lifelong participation.

○ What am I studying this year and how and when will I be assessed?

Knowledge & Skills	Time of Year	Assessment	Homework
The aim for the sequencing within PE, in general, is for Year 7 to learn and develop the core skills. Advanced skills will be learned and developed during Year 8. In Year 9, students will be taught tactics, concepts and principles. The main focus topic areas for each lesson will relate to the 5 skill areas and gameplay that are associated with the GCSE specification. Students will be assessed against the ME in PE format to develop holistic learners. Invasion Games: Football, (Tag) Rugby, Basketball, Netball, Net/Wall games: Tennis, Badminton, Table Tennis, Volleyball Creative: Dance, Gymnastics Performing at Maximum levels: Athletics, Health and Fitness Striking and Fielding: Cricket, Rounders, Softball Problem Solving: Orienteering NB: you may not do ALL of the activities above	Autumn, Spring & Summer Term	There will be 6 Assessment and Reflection points; Assessed using ME in PE in 2 activities every half term. During your Interform lessons Grade reports use an average of these.	1 project to be completed which will be to join a club and learn a new physical skill

Marking

Graded Foundation, Intermediate or Higher in ME in PE

- **‘Cognitive’ (Thinking ME)** The cognitive domain refers to tactics, mental capacity, decision making and evaluation.
- **‘Physical’ (Physical ME)** The physical domain refers to the physical literacy and movements of the body.
- **‘Social’ (Social ME)** The social domain refers to communications, teamwork and leadership.
- **‘Mindset’ (Personal ME)** The affective domain refers to emotions, behaviours, attitudes and motivation.
- **‘Healthy’ (Healthy ME)** The healthy domain refers to the healthy choices and behaviours towards physical activity.

Students will demonstrate pride in their work by:

- Full participation in lessons
- Correct Edgbarrow PE kit
- Caring for equipment
- Respectful in the changing rooms
- Changed and to lesson promptly
- Attending co-curricular clubs